

# Kaiser Permanente: Working to Meet Health Needs - Sacramento Medical Center

## Key Findings about People in the Community

Total Population 771,603



- 12%** no high school diploma
- 18%** live in a food desert
- 12%** uninsured
- 61%** children eligible for free/reduced price lunch
- 40%** below 200% FPL\*
- 38%** physically inactive youth

**22%** lack social or emotional support

**18%** heavy alcohol consumption (self-reported)

**17%** experience food insecurity

**67%** of adults and **47%** of youth do not consume adequate fruits and vegetables

**62%** of adults are overweight or obese

**15%** need mental health care (self-reported)

\*Federal Poverty Level (200% FPL for a family of four ranged from \$47,100 to \$48,500 between 2013 and 2015)

Kaiser Permanente works in partnership with other health organizations to learn about the issues and conditions impacting the health of our communities by reviewing data sources and talking with public health experts and community stakeholders. This snapshot displays Kaiser Permanente's strategies, 2017-2019, to respond to some of the most pressing needs in our community, leveraging our unique resources and expertise.

## Areas of Focus

### Access to Care

- ◆ Support outreach, enrollment, retention and appropriate utilization of health care coverage programs
- ◆ Promote integration of care between primary and specialty care, including behavioral health care
- ◆ Provide support to increase enrollment in public benefit programs among vulnerable and low income populations

### Mental Health & Wellness

- ◆ Provide screening and identification related to behavioral health needs among low income, vulnerable and uninsured populations and connect them with the appropriate services or support
- ◆ Support opportunities to prevent and reduce the misuse of drugs and alcohol
- ◆ Improve navigation to appropriate care within the health care system and support services in the community

### Healthy Eating Active Living (HEAL)

- ◆ Increase access to healthy, affordable foods, including fresh produce, and decrease access to unhealthy foods
- ◆ Increase access to safe parks and public spaces
- ◆ Increase opportunities for active transportation
- ◆ Increase access to physical activity opportunities in the community and schools

### Safe Communities

- ◆ Improve law enforcement and community relations
- ◆ Increase availability of education, job training and enrichment programs for youth
- ◆ Support targeted gang/offender outreach and case management
- ◆ Support integration of health care with community based programs and services that address violence-related issues among patients and the community