

# Kaiser Permanente: Working to Meet Health Needs in Antioch

## Key Findings about People in the Community

Total Population 313,785



- 19%** children in poverty
- 15%** no high school diploma
- 20%** live in a food desert
- 55%** children eligible for free/reduced price lunch
- 31%** below 200% FPL\*
- 39%** physically inactive youth

- 21%** lack social or emotional support
- 36%** of adults and **20%** of youth are overweight
- 71%** of adults and **36%** of youth do not consume adequate fruits and vegetables

- 25%** of adults and **21%** of youth are obese
- 19%** heavy alcohol use (self-reported)
- 12%** need mental health care (self-reported)

Kaiser Permanente works in partnership with other health organizations to learn about the issues and conditions impacting the health of our communities by reviewing data sources and talking with public health experts and community stakeholders. This snapshot displays Kaiser Permanente’s strategies, 2017-2019, to respond to some of the most pressing needs in our community, leveraging our unique resources and expertise.

## Areas of Focus

### Healthy Eating Active Living (HEAL)

- ◆ Increase access to healthy, affordable foods, including fresh produce, and decrease access to unhealthy food
- ◆ Increase access to physical activity opportunities in schools and the community
- ◆ Increase access to safe parks and public spaces

### Access to Care

- ◆ Increase access to primary and specialty care
- ◆ Improve navigation to obtain access to appropriate care within the health care system

### Mental Health & Wellness

- ◆ Provide access to programs, services or environments that evidence suggests improves overall social/emotional wellness
- ◆ Promote integration of care between primary and behavioral health care

\*Federal Poverty Level (200% FPL for a family of four ranged from \$47,100 to \$48,500 between 2013 and 2015)