

# Building Healthy Communities Is Our Mission

Kaiser Permanente's work in the community uniquely combines investments from our health plan as well as our hospitals and often includes medical expertise, health research, clinical programs, and volunteers.



## 2015 Numbers

**\$73,542,927**

Total community investment

**\$68,723,419**

Charitable care and coverage

**\$4,819,509**

Grants, donations, and services\*\*

**22,160**

Students and adults reached through Educational Theatre

**\$112,056**

invested in **96** Thriving Schools\* programs and activities

**1,164**

Physician and employee volunteers

## Priority Health Needs

**Increase Healthy Eating and Active Living** - Reduce consumption of sugar-sweetened beverages, improve access to fresh fruits and vegetables, and promote physical activity in schools and community based settings. Educate and inspire children, teens, and adults to make healthier choices.

**Increase Access to Care** - Increase access to health care and coverage for low-income and uninsured people - assuring adequate availability in Spanish.

**Increase Asthma Prevention and Management** - Help people get screened and referred to health services, reduce health emergencies resulting from asthma, and increase awareness about the impact of pollution while advancing management of asthma in community based settings.

**Increase Access to Peri-Natal Care** - Help low-income women get access to and information on pre-conception, pre-natal, and post-partum services and self-care.

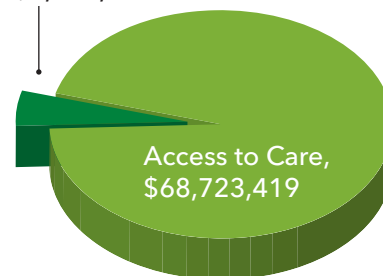
## Examples of the Difference We Make

Monument Impact received a \$500,000 grant to support Healthy Eating Active Living (HEAL) Zone activities in the Monument community such as improving snack and beverage options at local youth baseball games; a walking audit that led to sidewalk and signal changes; implementing Zumba® and cooking classes; and, improving nutrition and physical activity options in local childcare settings.

In east Contra Costa County, Contra Costa Health Services received \$50,000 to support Healthy Families America, which provides home visitation for pregnant and post-partum women, with a focus on African American women, to ensure they are enrolled in appropriate prenatal programs and that they receive long-term, supportive case management.

### Combined Health Plan/ Hospital Investment

Direct to Community  
\$4,819,509



Total: \$73,542,927\*\*

## 2015 Investments



### Increase Healthy Eating and Active Living

- 18 Reasons
- Alameda County Community Food Bank Inc.
- Ambrose Recreation and Park District
- American Heart Association, Inc.
- Arts and Cultural Foundation of Antioch
- Bay Point Community Foundation
- Boys & Girls Clubs of the Diablo Valley
- Center for Human Development
- City of Antioch
- Community Child Care Council of Alameda County
- Contra Costa Child Care Council
- Contra Costa Health Services - Public Health Division
- East Bay Bicycle Coalition
- East County Faith Based Subcommittee to the Child Welfare Redesign
- East County Junior Warriors Basketball Program
- Family Purpose
- Fertile GroundWorks
- Food Bank of Contra Costa and Solano
- Healthy & Active Before 5
- Livermore Area Recreation and Park District
- Livermore Valley Joint Unified School District
- Loaves & Fishes of Contra Costa
- Meals on Wheels and Senior Outreach Services
- Meals on Wheels of Contra Costa, Inc.
- Monument Crisis Center
- Monument Impact
- Mt. Diablo Unified School District
- Open Heart Kitchen
- Pittsburg Unified School District - Child Nutrition Department
- Senior Support of the Tri-Valley
- Shelter Inc. of Contra Costa County
- STS Academy
- Village Community Resource Center
- White Pony Express

### Increase Access to Care

- Abode Services
- Axis Community Health, Inc.
- Brighter Beginnings
- Community Clinic Consortium
- Jewish Family & Children's Services of the East Bay
- La Clinica De La Raza Inc.
- Meals on Wheels and Senior Outreach Services
- Planned Parenthood
- RotaCare Bay Area, Inc.
- St. Vincent de Paul of Contra Costa County

### Increase Asthma Prevention and Management

- American Lung Association in California
- Axis Community Health, Inc.
- Community Child Care Council of Alameda County

### Increase Access to Peri-Natal Care

- A More Excellent Way Health Improvement Organization
- Contra Costa Child Care Council
- Contra Costa Health Services - Public Health Division

*We also make investments through our fund at the East Bay Community Foundation (EBCF):*

*\* Made through or partially through EBCF*

*\*\* Additional EBCF investments not reflected in this figure*